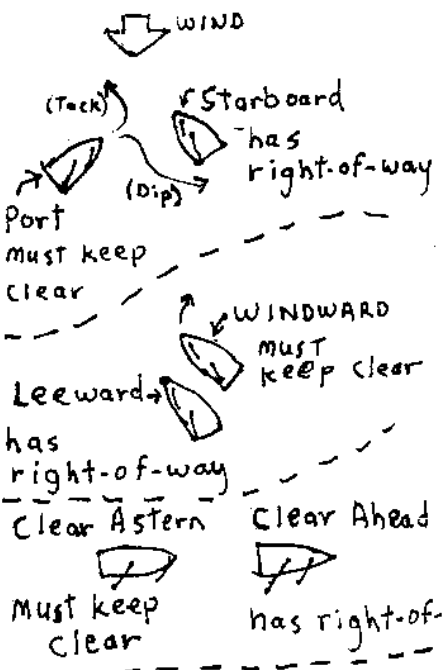
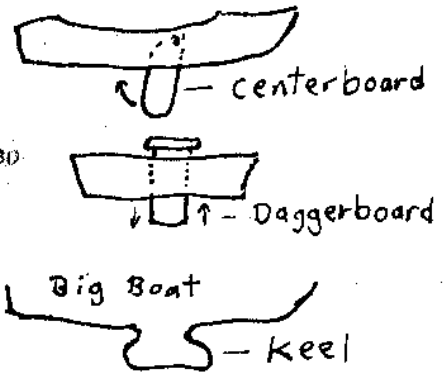




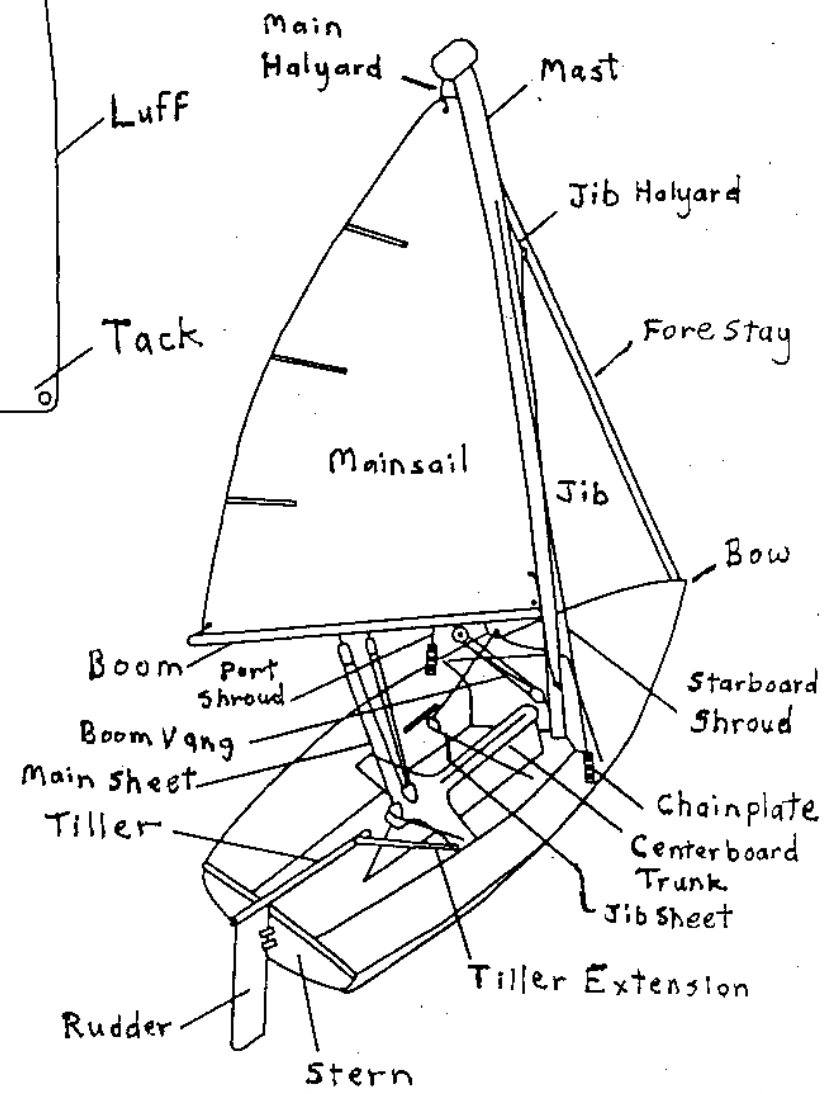
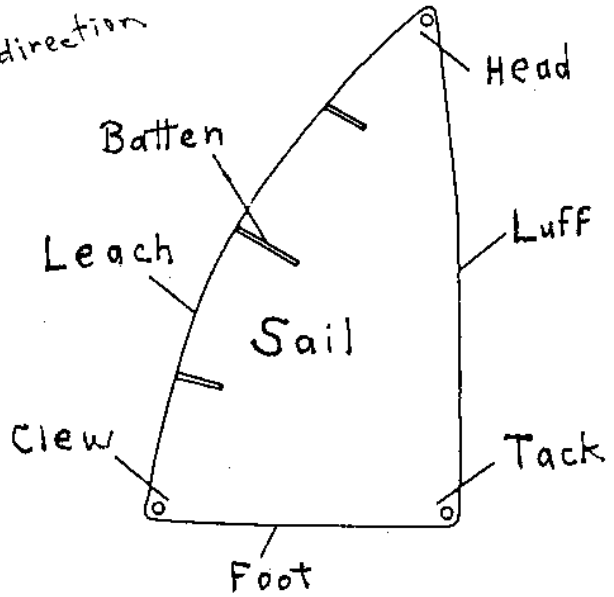
Moraine Sailing Club

Post Office Box 692 • Pittsburgh, PA 15230

"Sailing In A Nutshell"



Read water surface
For: Puffs
Lulls
and change of direction



while Tacking and jibing - must keep clear of all other boats

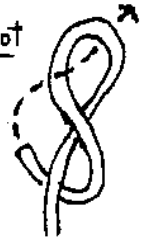
Sail has right-of-way over power

except for large vessels in restricted channel

Muscle has right-of-way over sail

Figure-8 Knot

For putting a "stopper" at the end of a sheet.

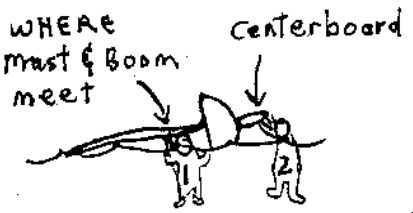
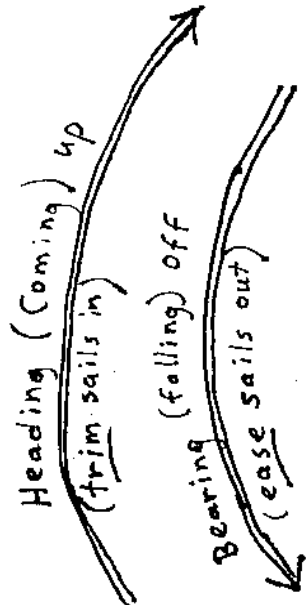
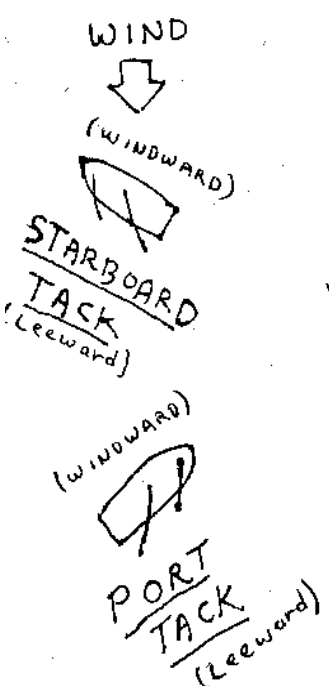
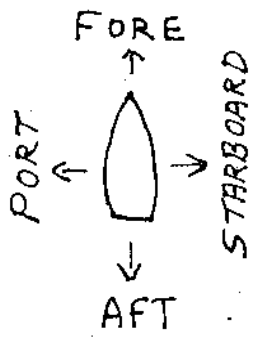


Bowline Knot

For putting a non-slip loop at the end of a line.



Basic Rules of the Road



Capsize Recovery:

- 1: Holds mast up at gooseneck
- 2: Pulls down on centerboard
- 1: Gets scooped into boat

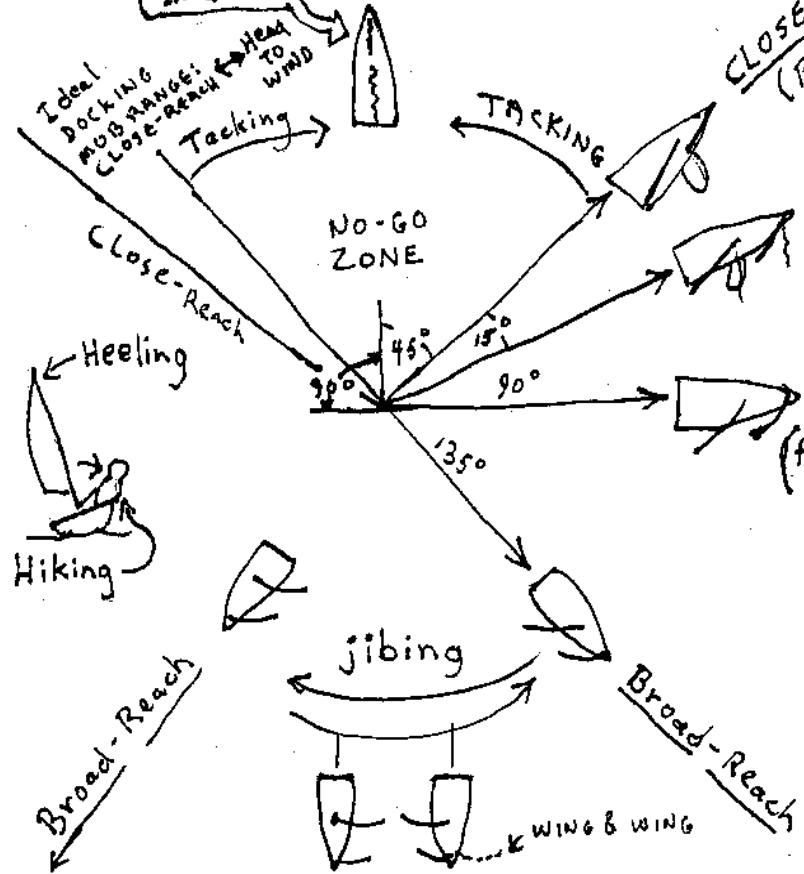
{ Safer (and faster) }
Then a Run

Getting Out of Irons
Push tiller and boom in direction you wish to sail. Boat will backup and turn to that direction



GOOD: FOR RAISING SAILS
put in on leeward side of dock when launching
FOR DOCKING
allow 2 boat lengths to glide to a stop

BAD: IN IRONS
HEAD (BDW) TO WIND



Safe jibing:
Watch for jib collapsing (blocked by mainsail)
Trim main sail in and pull boom across, ease mainsail and then come up on new course

Important: WEAR PFD!

Sails trimmed in tight
Centerboard all the way down
Helmsman stays on edge of NO-GO ZONE by steering by jib (keeping jib just on verge of Luffing)

SAFETY POSITION
stop sailboat by luffing sails
start sailboat by trimming in

