



## 2006 Sail for the Grail

We had 10 local boats and four out of town boats for the 2006 Sail for the Grail, While 14 boats is a good showing for many Ohio District Fleet regattas it was our lowest participation in many years. Never the less, everyone had a great time as the temperatures were warm, the skies were sunny, and there was some wind. Well there was not a lot of wind, but enough to start three standard races on Saturday and a Bridge-to-bridge race on Sunday.

Wind meters showed at least 3 to 5 mph winds for most of the first two races on Saturday and the start of the 3rd race. Shortly after the 3rd start the wind pretty much died for a long while. Fortunately, Pat Glazier was able to round the first mark in just under the 30 minute time limit allowing us to continue on a much shortened course. Two boats had a DNF but the rest made it to the finish. At the end of the day the perennial Ohio District champions, Pat & Debbie Glazier, had a commanding lead for the series. Sandy and Keith Eustice and Tom Hohler & Chris Czapleski were in second and third.

The wind forecast was just a bit better on Sunday but a heavy fog settled on the lake early in the morning causing about an hour delay for the traditional Bridge Bridge to Bridge race. The wind was especially light in the Davis Hollow leg requiring a shorter than normal upwind leg. Fortunately the wind cooperated and even increased a bit as the race progressed. For the only time on the weekend we actually had to lengthen the courses slightly.

The race was tight and leads changed as wind suddenly appeared and then disappeared on various sides. The last leg started as a run but the wind veered so much that the finish was a tight reach. Charles and Sarah Buffington found the shifts very well and took first place to improve their overall position to third. Our own Tom Hohler/Chris Czapleski were consistent and took second. Pat & Debbie Glazier had two firsts and two seconds to win the regatta by a wide margin.

A special thanks go out to all of the people who helped run the Regatta and the Sunday picnic lunch: Dan, and Eva Gelman (breakfasts); Carl & Lois Suppo, Joan Cullen, Kathy Boyles (food); Charles Cullen (Bar tender), Wolf and Joy Goethert (food/scoring); Bob & Sara Zavos, Ted Arnn, John Jombock, Jan Herczak, Mounir Kashkoush (Race Committee); Uncle Charley Armitage (food donation); Mary & Bruce Campbell & family (Sunday picnic), US Coast Guard Auxiliary 7-3 Flotilla (Howard Graham and Boat Captains/assistants); Bob & Sara Zavos (Regatta Chair and PRO.



You can imagine starting the day of Sail for the Grail with Watts Bay looking like pea soup.



## SAIL FOR THE GRAIL WINNERS



Front Row (L:R) Sandy Eustice, Dan Goldberg, Sarah Buffington, Debbie Glazier, Tom Hohler, Celia Marlin' Back Row: (L:R) Keith Eustice, Joni Reis, Charles Buffington, Pat Glazier, Chris Czapleski, Nancy Ingersoll, Jon Ingersoll, George, Bill Tingle

## RACING ON THE LAKE (Summer 2006 ) ( Photographer: Charlie Cullen )



### **Board Election Candidate List Posted**

The candidates for election as provided by the board are as follows:

**Commodore** Wolf Goethert

**Vice Commodore** Jason

**Secretary** Carol Walker (05)

**Treasurer** Tom Uehling (05)

**Vice Commodore** Carl Suppo

**Directors-at-Large**

**Social** Mary Cambell (06)

**CSP** Chris Neuwirth

**Membership** Jim Reinhard, Sylvia Tan

**Publicity** Dan Gelman

**Race Committee** Barbara Keiser

**Equipment** John Bridges

**Flying Scot Rep. FS Fleet 80 Fleet Captain**

Bob Zavos

**Web Master** Jon Hart

**BTB** Jackie Stevens

**Venture** ?

Elections will be held at the Fall Banquet. If you have other names you would like to suggest ( including your own ), please contact any board member to have it added to the list.

## **VARIABLE WINDS**

### **Insights for newer sailors**

At the tender age of 5 I attended a Kindergarten where each morning one child was sent out to report on the weather. One day when a child reported South Winds the teacher said "Are you Sure?" and sent out another who reported Westerly winds. By the time a third had reported North winds we all got our first lesson in Variable Winds.

Sailing, as we do, on a lake surrounded by wooded hills we get a frequent reminder on the meaning of Variable winds. Beginners are soon taught how to watch the luff of the sails when beating to windward and either 'Head Up' when the luff starts to shake or try pinching a little until they do shake so that the Captain will know that the ship is sailing "Full and By".

However, when the wind suddenly dies and then comes from a completely different direction our newcomer to sailing will be perplexed, frightened or just plain worried. "Which way is the wind blowing?" will be the frequently heard cry or worse the rudder will be desperately turned at right angles to the hull to effectively spoil any chance of forward movement.

One solution that has been tried over the years is to wet your forefinger and hold it up in the air. Evaporation will make it feel cooler on the side that the wind is coming from.

Another is to watch the flag, burgee or wind indicator at the top of the mast although if you are still shaking with fright and worry the vibrations may mask any faint indications. Pieces of old Cassette tape tied to the Shrouds may help. Here I must interrupt to say don't bother to tell me that Optimists don't have Shrouds!

Learn to watch the water, a difference in color will often indicate an approaching puff of wind and the ripple can with experience give an indication of the direction. However it is important to realize that the ripple can be caused by a horizontal movement of air or a bubble of air descending from the hills and hitting the water, Splat! only to spread out in all directions. Then it will depend on which quadrant you are in as to whether you will be in the North, South, West or East wind radiating out from the center of this bubble of air. A study of weather patterns in Hurricanes can help you understand what is happening when one of these 'Eddies' comes your way after having sat in a "Hole in the Wind". When one of these approaches it will generally pay to bear off and then be prepared to get back on course as the direction changes yet once again. Keep the boat moving since the rudder has no effect on a stalled boat.

Only too often the frightened skipper will let out the sheets as the puff first hits his sails; instead of pointing up to prevent excessive heeling of the boat. With the boat almost stalled in the water he will not be able to take advantage of the second stage – on an even more favorable course.

The above remarks apply to windward work, but, it is also vitally important to be aware of wind direction when running. Everyone knows that an accidental gybe can be disastrous, but the person who studies the wind will know when a controlled gybe can result in reaching the next mark of the course sooner.

By John Bridges

## SAILING QUOTES

**By John Bridges**

*We just now crossed the equator. I am sure because Nancy was draining the galley sink when we crossed the line, and the water practically leapt out the sink in its haste to reverse its draining swirl to counter-clockwise.*

**Herb Payson, 1990**

*The restive waters, the cold wet breath of the fog, are of a world in which man is an uneasy trespasser; he punctuates the night with the complaining groan of a foghorn, sensing the power and menace of the sea.*

**Rachel Carson**

***The Edge of the Sea, 1955***

*Seamen love their bellies above anything else, and therefore it must always be remembered in the management of the victualling of the Navy that to make any abatement in the quantity or agreeableness of the victuals is to discourage and provoke them in the tenderest point.*

**Samuel Pepys**

**Secretary of the Admiralty**

*It is difficult for a seaman to believe that his stranded ship does not feel as unhappy at the unnatural predicament of having no water under her keel as he is himself at feeling her stranded.*

**Joseph Conrad**

***The Mirror of the Sea, 1906***

*This is the pleasure of life at sea, fine weather day after day, without interruption, fair wind, and plenty of it, and homeward bound.*

**Richard Henry Dana**

***Two Years Before the Mast, 1840***

*Oh, give me again the rover's life — the joy, the thrill, the whirl! Let me feel thee again, old sea! Let me leap into thy saddle once more. Let me snuff thee up, sea breeze, and whinny in thy spray.*

**Herman Melville**

## FLYING SCOT WANTED

Tom Mitchell is interested in buying a used Scot in good condition. Please contact him at 440-333-5108 if you know of any for sale.

### **You might be a sailing bum if...**

You think a Rhodes Scholar is someone who knows all about a famous boat designer.

Any of your wedding gifts came from West Marine.

You think girls look "hot" in foul weather gear.

You rather like wet underwear.

Your boat's motor used to be a dashboard fan.

Your doctor reports your injuries to Abuse Authorities.

You think rum is the official state drink.

Your best shoes are Topsiders.

Your car's hood ornament is the top off of a sailing trophy.

Your idol is Jimmy Buffett.

Your halyards are brand new, but your belt has two splices.

You read Latitude 38 under the covers with a flashlight.

You've ever done the horizontal tango while wearing sailing gloves.

Your underwear has a North Sail logo.

Your bar tab equals your paycheck.

You have a beer can crusher mounted on your mast.

You use a marlin spike to break sunburn blisters.

The boat next to you threatens to cut you off at the mark and you threaten to cut off something of his in return.

You have at least one broken boat part in your car at all times.

You finish at the Annual Regatta made America's Funniest Home Videos.

You have a Mount Gay poster in your living room.

You've ever traded a Dramamine for a beer.

You have a Jello mold in the shape of a J/22.

Your vacation plans center around World Championships.

You have to dress up to go to Wal-Mart.

You think of duct tape as a long term investment.

You've ever been involved in a fight over the last chocolate chip cookie.

You wear a sailing cap to church.

People are afraid to touch your foul weather gear.

You think matching foul weather boots are an acceptable wedding gift.

You've ever written your resume on a bar napkin.

Your wind instruments cost \$2,000 and you have a bucket for a head.

Your beer cooler opens with The Clapper.

The local boat yard's phone number is number one on your speed dialer.

You think Roe vs. Wade deals with boat ownership.

You'd marry a girl just to keep a good foredeck person.

## Commodore's Corner

I am sure many of you can recall the enlistment posters with the message, "Uncle Sam Needs You." **WELL, YOUR SAILING CLUB NEEDS YOU.** We are very fortunate to have such a wonderful club that provides an organized forum for us to enjoy our sport, while also giving us the opportunity to make friends and socialize with other sailors. Our club depends entirely on the volunteer efforts of the members in order to provide the sailing program for you.

Many of the same members consistently put in numerous hours every month to assure the functioning of the club and they badly need your help. We all have other obligations and time limits, but if everyone devoted some time then no one person would be overloaded with more responsibility than he/she could handle. There are countless ways in which you could provide some badly-needed support for the club.

If you are a member of the community sailing program, you automatically have an obligation to help with maintaining the equipment. Each time a boat is used, all equipment should be inspected, cleaned, and stored neatly; all problems should be reported to the equipment manager. In addition, every boat the club provides for you equals many hours in maintenance and repair. By failing to do the necessary regular upkeep, the boats are in disrepair and unusable for sailing. Some members have recently spent a great deal of time trying to improve the condition of many of the trailers. Soon the boats will need to be prepared for winter storage. There is so much more to be done, and we need every one of you to help. If you can't make it to the scheduled work days, contact the Chris Neuwirth to see what you could do on your own.

After you are finished sailing for the day, why not stay a little longer, enjoy the fresh air and beautiful view from Watts Bay, and pitch in to do some task that badly needs done. One suggestion could be to take a look in the shed. Most of you have occasion to enter the shed for one reason or another. Have you noticed that it frequently gets so clogged with items left out, that it is difficult to find anything? Without exception, each member should return items to the appropriate storage place. Maybe a few of you would be able to regularly monitor the shed and help to keep it organized.

Sail camp is over for the year, but plans are already being started for next year's session. This camp has grown to be a very popular activity for children and is a great way to promote sailing in the younger generation. It takes the coordinated effort of many volunteers to make this an enjoyable and safe experience for the kids. Any amount of time you could contribute would help. Have you considered becoming an instructor? If so, we are very fortunate to have Joe Shields who is certified in conducting courses for training sailing instructors.

Our social functions are a vital part of our structure and each one takes effort to coordinate. Consider calling Mary Campbell to see if you could make phone calls, send emails, take reservations, or get supplies.

Racing is an activity enjoyed by many of our members. This requires development of a schedule for the season, communication with the park, assignment of a day steward and committee for each race day, provision of reliable and available equipment, compilation of racing of racing results, and numerous other activities. Any assistance with these tasks would be a tremendous help. By volunteering to serve on race committee, you could learn the role of the day steward.

Have you ever thought about all of the behind-the-scenes activities that it takes to keep our club going? The board of directors meets once a month to conduct necessary business, and makes decisions that the board members feel will benefit the members and promote the sport of sailing at Moraine. But the board members also spend many additional hours following through on the directions that are determined at the meeting. Then there are multiple business items such as insurance, licenses for the trailers, purchasing new equipment, preparing and reviewing the budget, maintaining member lists, etc. The board also looks at ways to promote Moraine sailing to the general community. You may want to attend a board meeting to see if you would be interested in serving on the board. Or perhaps you could help a board member with some of their responsibilities.

I could go on and on, but I hope you are able to see how valuable your contribution is to the club. In turn, you will be rewarded with friendships, a better knowledge of sailing and sailboat upkeep, and the sense of being a valuable part of a great organization. We need each and every one of you to get involved and find ways in which you can contribute your time and talents to our sailing club. **WE DEFINITELY NEED YOU.**

## SAILING PICNIC RECIPES

### Hummus

1 (15 oz ) can chickpeas  
2 tablespoons lemon juice  
¼ teaspoon ground cumin  
1 small clove garlic, minced  
Pinch cayenne pepper  
2 tablespoons minced parsley  
1 tablespoon minced red onion  
Drain chickpeas, reserving juice. Do not rinse. Put chickpeas in food processor with ¼ to ½ cup of the reserved chickpea juice. Add lemon juice, cumin, garlic, and cayenne. Process until well blended. Add the parsley and red onion and pulse briefly just to mix. Can add a little extra juice if needed. Good served with whole wheat pita chips or the small deli rye bread.

### Pickled Beets

2 cups cider vinegar  
1 cup water  
1 cup sugar  
2 tablespoons canning or pickling salt  
6 whole cloves  
1 stick cinnamon  
24 beets or 40 small beets  
Cook vinegar, water, sugar, salt, and spices, simmering for 20 to 30 minutes. Add beets. Place in large glass container, refrigerate. Let pickle at least 24 hours before serving.

### Fruit and Cheese sandwich filling

½ cup cottage cheese  
½ cup shredded cheddar cheese  
½ kiwi fruit, peeled and sliced  
½ cup strawberries, sliced  
¼ cup pineapple tidbits, drained  
2 whole wheat pita pockets  
In a medium bowl, stir together all of the ingredients. Open one end of each pocket. Spoon the fruit and cheese mixture into the pitas.

contributed by Lois Suppo.

### Goulash

Brown, pour off fat and cut into pieces:  
¼ lb. bacon, then brown:  
2 medium onions  
1 lb. ground beef,  
Mix with:  
8 oz. can tomato sauce  
8 oz can peas  
1 lb. can kidney beans, juice and all  
¼ lb. grated yellow cheese  
10 oz. noodles, cooked  
Salt and pepper to taste  
Spread in 2 large casseroles and bake at 300-350 for 45 – 60 minutes. Can add more cheese on top.  
Ps: I use frozen peas, and I add them just before popping the casseroles in the oven so that they are still green

Contributed by Joy Goethert

### BUSTED COFFEE POT COFFEE

Bring water to a full rolling boil in a pan. Throw in coffee in the right amount adjusted to amount of water right into the pan. The coffee will foam up, DON'T STIR IT ! Let it steep for about 5 minutes.

After steeping, using a heavy spoon, tap around the top edges of the pan.. VOILA.. The grounds sink to the bottom.

Filter coffee through paper towels into mugs. Be careful to stop before you get to the grounds.

This is better than French Press coffee ( and you thought you were out of luck when you trashed your coffee pot !)

Recipes here have been provided by fellow sailors. Some of these dishes have appeared at our picnics too.

Please share your recipes here in the BTB by emailing them to Jackie at [junebugpgh@comcast.net](mailto:junebugpgh@comcast.net).

## REFLECTIONS ON SAIL CAMP

By Alice Uehling and Mary Campbell

"I wish sailing camp were TWO weeks!" exclaimed a young sailor echoing the sentiment of the 62 campers who participated in this year's annual sailing camp. Led by Joe Shields, Barb Keiser and John Hart, the kids were divided into three groups. Based upon age and ability, the sailors were assigned to either a Sunfish, Optimist or Flying Scot.

Joe made sure that all three objectives, Safety, Fun and Learning, were met when the kids showed up for a full day. Camp started at 10:00 am with a hands-on lesson on how to rig the boat. A short lecture was followed by the best part of the day - being on the water. The hot weather and light winds didn't slow down the participants who were clearly having a wonderful time. Capsizing was not only a required exercise, but became a favorite activity. Highlights also included a sail to the island across the lake by the youngest sailors in their Optimists. The Sunfish group enjoyed games such as Sponge Tag and Water Wars. The advanced sailors loved being on a Flying Scot with their peers and no adults. Parent Kimberley Schevtchuk created a fun onshore game with plastic balls in a wading pool to help the kids learn the parts of the boat.

On the last day, the now-experienced 62 sailors took their boats out of Watts Bay and sailed to the public beach for a barbecue and a swim. Those who opted to take the test for certification did so and as a result we have seventeen more certified sailors in our club.

Every year several families choose to camp for the week in the park and this year was no exception. They rode their bikes to Watts Bay every day and in the evenings played soccer, broke pinatas and partook in a scavenger hunt. It was a particularly enjoyable week because the raccoons and skunks stayed away this year, however a park official warned them to be on the lookout for bears. Thankfully, none showed up.

This marvelous week of sailing is staffed entirely by volunteers. In addition to the incredible hard work of Joe, Barb and John, several other volunteers and parents made the camp a huge success. Certified instructors Jackie Stevens, John Bridges and Jason Harrison helped. Counselors and former campers, Nicole and Deanna Winner, supported Joe and Barb. Parents Les Hale, Mary Campbell, Taylor Robinson, Donna Hetrick, Gary Tabas, Henrick Lagerquist, Cindy Winner, Roy Matway, John Jombeck, Nathan Stone, Manny Askin and Bill Sanoske were on hand at all times to help with the kids and the boats. Thanks to all of those who helped introduce sailing to the kids and create wonderful memories on Lake Arthur.



## 2006 Racing Results

FLYING SCOTS					
	Boat Numbr		Avg Finish	# Races	# Throw outs
1	5071	Gelman	1.82	18	1
2	3700	Bishop	2.47	15	
3	4601	Zavos	2.52	26	5
4	2148	Ingersoll	2.92	13	
5	4269	Uehling	3.06	16	
6	200	Cullen	4.38	16	
7	5680	Armitage	4.36	11	
8	88	Tingle	4.82	11	
	5350	Star	2.00	2	
	3637	D. Marlin	2.83	6	
	4991	Goldberg	3.67	9	
	3708	Madxlenka	3.67	3	
	4233	Goethert	3.70	10	
	2066	August	5.00	2	
	3637	Persi	5.20	5	
	4114	Suppo	5.89	9	
	3498	Schwarzmueller	6.50	4	
	2984	Williams	6.75	8	
	3714	Hart			
	4340	Marshall			

OPEN CLASS						
	Boat Numbr		Boat Type	Avg Finish	# Races	# Throw outs
1	152969	Juan Lora	Laser/Sunf.	1.25	12	
2	6715	Kirk	C22	2.08	13	
3	180	Harlan	Johnson 18	2.40	10	
4	6	Shields	SC23	2.43	15	1
5	1461	Hastings	DS	3.08	14	1
6	80232	Kaiser	Sunfish	3.14	7	
	37708	G. Uehling	Laser	1.00	1	
	58639	Brandt	Sunfish	2.33	6	
	4114	Suppo	FS	3.00	1	
	Black & Red	P. Matthews	Sunfish	3.00	2	
		??	LS16	3.25	4	
	2902	J. Harrison	Buccaneer	3.50	4	
	2677	??	Y Flyer	3.50	2	
	1749	Kamenetzky	L 14	4.00	5	
	170	B. Campbell	Hunter 170	6.00	1	
	17	Jomback	Sunfish	6.00	1	

24 Races  
12 races for throwouts

33 Races 16 Races for throw-outs

One throw-out may be earned for each two races sailed after sailing 50% of the races in the series.

### 2006 Sail for Grail - Lake Arthur, Moraine State Park

Place	Helm & crew	Sail #	Race 1	Race 2	Race 3	Race 4	Total
1	Patrick & Debbie Glazier	5322	2	1	1	2	6
2	Tom Hohler & Chris Czapleski	3883	1	3	6	3	13
3	Charles & Sarah Buffington	5347	5	5	4	1	15
4	Sandy & Keith Eustice	5610	3	4	2	6	15
5	Dan Goldberg & Joni Reis	4991	6	2	5	5	18
6	Jim & Arleen Starr	5350	4	6	3	7	20
7	Jon & Nancy Ingersoll	2148	7	8	10	9	34
8	Dan & Eva Gelman	5071	10	9	14	4	37

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