

SAIL FOR THE GRAIL
Lake Arthur, PA
September 18 – 19 2010

SAILING INSTRUCTIONS

1) RULES

- a) The regatta will be governed by current *Racing Rules of Sailing (RRS)*.
- b) All non-racing sailboats and other watercraft including board boats have right of way over racing boats. No assumption of rules of the road should be made, and all such watercraft shall be given wide latitude. Any complaint from a non-racing watercraft will subject the racing boat to disqualification.

2) NOTICES TO COMPETITORS

- a) Notices to competitors will be posted on the regatta bulletin board, located on the shed adjacent to the Watts Bay launch area.

3) CHANGES IN SAILING INSTRUCTIONS

- a) Any changes in the Sailing Instructions will be posted on the regatta bulletin board before 11:30 on Saturday and 10:00 on Sunday.
- b) Any change in the starting time for the first race on Sunday will be posted by 5:00 on Saturday.
- c) Changes to the Sailing Instructions may be given orally on the water, if Code Flag "L" is displayed on the Race Committee boat.

4) SCHEDULE OF RACES

Races are scheduled as follows:

Skippers' meeting - Saturday 11:00 am

Race 1 Saturday: Warning (5 minute) signal at 12:00.

Race 2, 3 Saturday: Back to back Races after 1st Race

Skippers' meeting - Sunday 9:30 am

Race 4 Sunday: Warning signal at 10:30.

Race 4 may be a Bridge-to-Bridge race, wind permitting.

No race will start after 12:00 on Sunday.

Note: Depending upon weather conditions, this schedule is subject to change by the Race Committee.

5) THE COURSE

- a) The racing area will be south of the Watts Bay launch area.
- b) The courses will be displayed on the stern of the Race Committee boat prior to the warning signal. The absence of a course sign means that the next race will be a Bridge-to-Bridge race.
- c) All courses will use a mid-beat start and finish. Boats shall not cross the start-finish line when sailing intermediate legs of the course.
- d) Courses will be as follows:

"T1" Course (One Triangle): Windward – Gybe – Leeward– Finish.

"T2" Course (Two Triangles): Windward – Gybe – Leeward – Windward – Gybe – Leeward – Finish.

"O" Course (Modified Olympic): Windward – Gybe – Leeward – Windward – Leeward – Finish.

"W1" Course (Windward – Leeward once around): Windward – Offset – Leeward – Finish.

"W2" Course (Windward – Leeward twice around)

"W3" Course (Windward – Leeward three times around)

- e) The course for the Bridge-to-Bridge race will be described at the skippers' meeting on Sunday.

6) MARKS

- a) Rounding marks will be white or yellow shapes, except that the offset mark for the "W" course may be a different color or smaller shape.

7) THE START

- a) Races will be started in accordance with *RRS 26.1 System 2*. The starting order will be Championship, then Challenger. There will only be a Challenger Division if five or more boats are registered for that Division. The

Warning Signal flag for the Championship Division will be a flag with the letters "FS." The Warning Signal flag for the Challenger Division will be a flag with the letter "O."

- b) The starting line will be between an orange staff on the Race Committee boat and a buoy with a colored flag at the port end of the line.
- c) Before the Warning signal for the first race each day, each boat shall sail past the stern of the Race Committee boat and hail her sail number which will be acknowledged by the Race Committee. A boat failing to do so will be notified of her failure and for subsequent infringement, will be scored "Did not start".
- d) Boats whose Warning signal has not been made shall keep clear of the starting area and of all boats whose Warning signal has been made.
- e) A boat shall not start later than four (4) minutes after her starting signal or will be scored DNS. This changes RRS 26.

8) RECALLS

- a) The Race Committee will attempt to notify individuals who start prematurely by calling sail numbers. The committee is under no obligation to guarantee notification. Failure by the Race Committee to make notification, or failure of a boat to receive notification, will not be grounds for redress.

9) THE FINISH

- a) The finishing line will be between an orange staff on the Race Committee boat and the nearby finishing mark.

10) TIME LIMIT

- a) Except for the Bridge-to-Bridge race, the time limit will be 30 minutes for the first boat to reach the first mark and 90 minutes for the first boat to finish. If either time limit is not met, the race will be abandoned.
- b) Boats not finishing within 30 minutes of the first boat will be scored the number of points as the last boat finishing within the time limit plus two points. This changes RRS 35.
- c) If boats far behind are delaying the start of a subsequent race, the Race Committee may terminate the race and score such boats at their position when the race is terminated.

11) PROTESTS

- a) A boat intending to protest shall notify the Race Committee boat immediately upon finishing, giving them her sail number and the sail number(s) of the boat(s) she is protesting. If unable to finish, notification shall be given at the first reasonable opportunity after returning to shore. This changes RRS 61.
- b) Protests will be written on forms available at the registration table and lodged with the Race Committee within one half hour after the Race Committee boat docks. Protests will be heard by a committee designated by the Race Committee in the approximate order they are received. The time of the hearing will be determined by the committee chairman.

12) SCORING AND TROPHIES

The Low Point Scoring System, RRS A2 will apply except that each boat's total score will be the sum of her scores for all races. One race shall be completed to constitute a series. Trophies will be awarded to the top five Championship Division boats and to the top two Challenger Division boats. If fewer than five boats elect the Challenger Division, all boats will race in one Division and the two Challenger Division trophies will be used as Mid-Fleet trophies for the Championship Division. The Mid-Fleet trophy will be awarded as follows: The top Mid-Fleet position will be determined by dividing the total number of boats starting all races by two, and rounding up if necessary. For the Championship Division only skippers who are FSSA members are eligible to win trophies.

13) SAFETY

- a) Boats are subject to verification by the Race Committee that they have on board all required safety equipment (life jackets, throwable, anchor with rope, whistle or horn, and paddle). For the Championship division, a bow bag and at least one transom port are also required by the FSSA Specifications.
- b) A boat retiring from a race or electing not to sail in a subsequent race is required to notify the Race Committee either upon leaving the course or, if that is impossible, immediately upon arriving ashore.
- c) It is each competitor's exclusive and individual responsibility to decide whether or not to race or continue racing, to wear a life jacket and to otherwise provide for his or her own personal safety. The Race Committee will make no signal requiring life jackets.
- d) Competitors participate in this regatta entirely at their own risk. See RRS 4, Decision to Race. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

14) REGATTA CREW SUBSTITUTIONS

- a) The skipper and number of crew shall remain unchanged.

- b) A request to substitute crew members (of similar weight and experience) must be approved by a majority of the skippers at the skippers' meeting prior to the scheduled start of the race in which the substitution will occur.